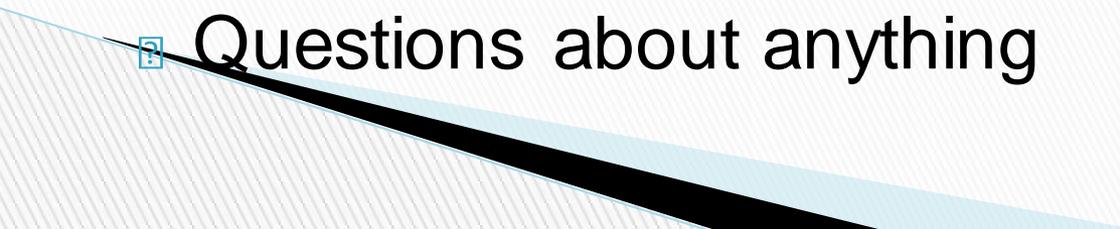


Developing Your CAS Project

Overview

- ❑ Reinstated CAS requirements
 - ❑ What is a CAS Project?
 - ❑ Why does it matter?
 - ❑ Successful Examples/Models
 - ❑ CAS Stages
 - ❑ What's Next?
 - ❑ FAQ about the project
 - ❑ Where are you now?
 - ❑ Questions about anything
- 

Reinstated CAS requirement

- ❓ Each Semester you will need to complete at least one CAS Board generated experience. These are found on the CAS Board Webpage.
- ❓ Why???
- ❓ The IB states "Typically, a student's CAS combines planned/unplanned singular and ongoing experiences. All are valuable and may lead to personal development. However, a meaningful CAS programme must be more than just a series of unplanned/singular experiences." Most portfolios lack the singular planned/unplanned experiences.
- ❓ When you finish each CAS strand needs to have a minimum of 50 hours. Please make sure you are updating your hours in ManageBAC each month. Hours on log should = hours in ManageBAC
- ❓ You need to be out in your community(off campus) doing experiences. It is not CAS to be on campus for all of your experiences. There really should only be a couple of clubs that you are heavily involved in or hold a leadership position.

How to enter the semesterly into ManageBAC

Title: S1 CAS: Campus Clean Up

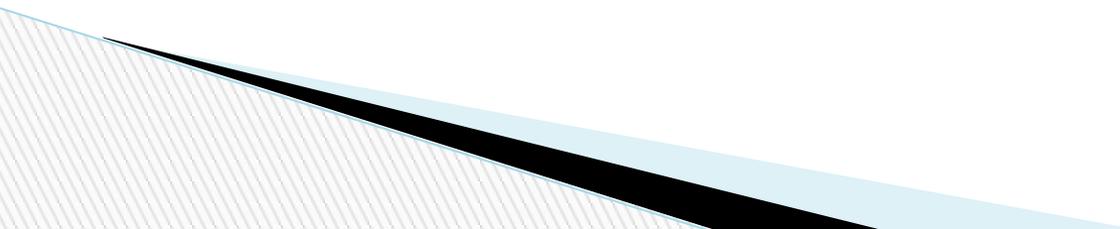
Title: S2 CAS: International Dance Day

Title: S3 CAS: Community Donations

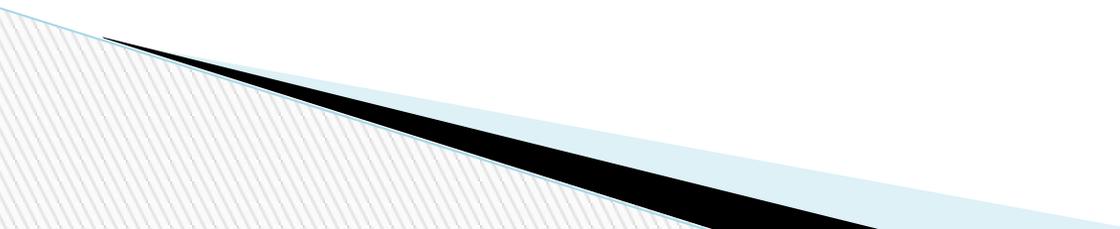
Everything else will be the same. Pre-reflection as part of the proposal, at least one piece of reflective evidence, reflection on LO, post reflection, and send supervisor review.

What is a CAS Project?

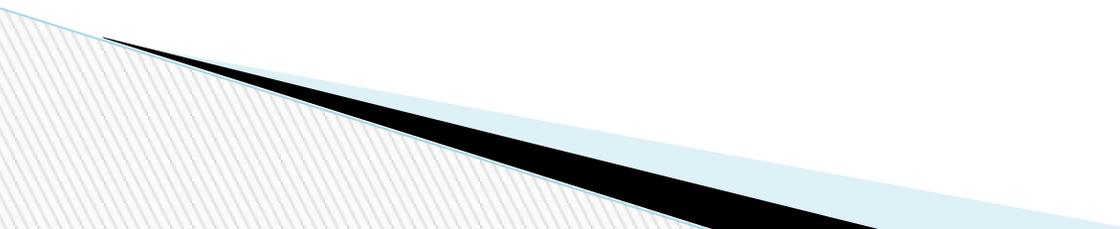
A collaboration between a group of students or with members of the wider community –work as part of a team, with all members contributing.

- ❑ Use of the CAS stages to ensure that all requirements are met.
 - ❑ Focus on Creativity, Activity, or Service (two or more)
 - ❑ **We require you to do your project within Service strand**
 - ❑ Defined purpose and goals tied to six or more learning outcomes
- 

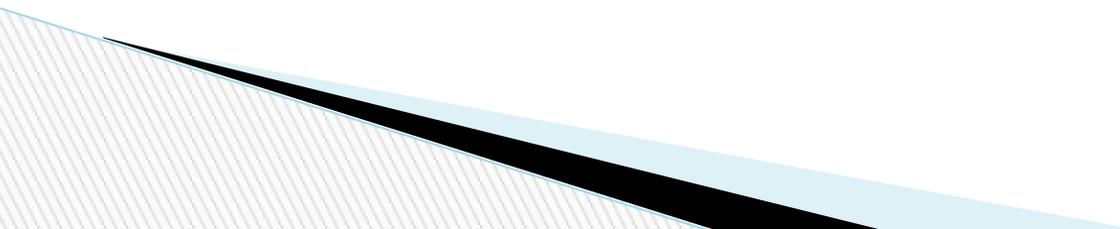
Why does it matter?

- ▣ challenges you to
 - show initiative
 - demonstrate perseverance
 - develop skills such as those of cooperation, problem-solving and decision-making
 - Helps your community with a need
- 

Sample CAS Projects

- ❑ Fun Fact: ManageBac started as a CAS Project. Launched globally in 2006, now used in most IB Diploma Programs in the world.
 - ❑ Creativity: Your group plans, designs and creates a mural.
 - ❑ Activity: Your group organizes and participates in a sports team including training sessions and **matches against other teams.**
 - ❑ Service: Your group sets up and conducts tutoring for people in need.
- 

More Sample CAS Projects

- ❑ Service and activity: Your group plans and participates in the planting and maintenance of a garden with members of the local community.
 - ❑ Service and creativity: Your group identifies that children at a local school need backpacks and subsequently designs and makes the backpacks out of recycled materials.
 - ❑ Creativity, activity, and service: Your group rehearses and performs a dance production for a community retirement home.
- 

Examples of the difference between an experience and a project:

❓ Topic: Basketball

Experience–Being a player in the school basketball team over a season.

Project– Organizing a 3–on–3 basketball competition open to entries from all high schools in the district, held over two days in the school gym, with prize money for the winning team donated by sponsors

❑ Topic: Music

Experience– Learning the guitar, aiming to be able to play five songs within three months

Project–Writing original songs with your band, aiming to record them and produce an album

CAS Stages (IPARD)

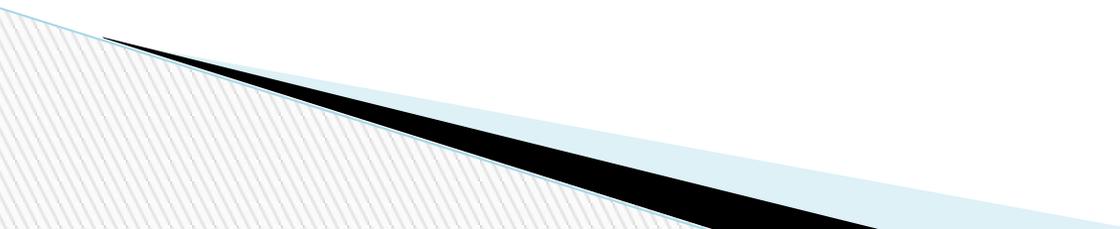
The 5 Stages of a Service Project



Figure 4

The five CAS stages

CAS Stages (IPARD)

- ❑ **INVESTIGATION:** Identify your interests, skills and talents, as well as areas for personal growth and development. Investigate what you want to do and determine the purpose for the project. Conduct a needs analysis. In the case of service, identify a need you want to address.
 - ❑ **PREPARATION:** Group members clarify roles and responsibilities, develop a plan of actions to be taken, identify specified resources and timelines, and acquire any skills as needed.
- 

CAS Stages (IPARD)

- **ACTION:** Implement your idea or plan. This often requires decision-making and problem-solving. You may work individually, with partners, or in groups.

CAS Stages (IPARD)

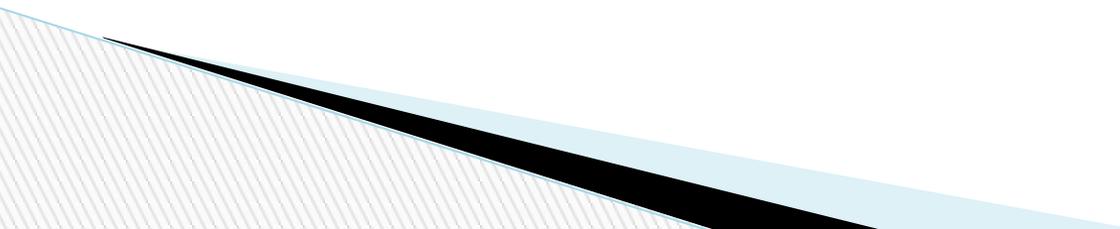
- ❓ **REFLECTION:** Describe what happened, express feelings, generate ideas, and raise questions. Reflection can occur at any time to further understanding, to assist with revising plans, to learn from the experience, and to make explicit connections between your growth, accomplishments, and the learning outcomes for personal awareness. Reflection may lead to new action.

CAS Stages (IPARD)

- ❑ **DEMONSTRATION:** Make explicit what and how you learned and what you have accomplished, for example, by sharing through your CAS portfolio or with others in an informal or formal manner. Through demonstration and communication, you solidify their understanding and evoke response from others.

****EVERY STUDENT MUST WRITE UP THEIR OWN 5 STAGES****

What's Next?

- ❑ Find a group – consider based on common schedules, interests, etc.
 - ❑ Identify a supervisor (not a family member or anyone under the age of 18)
 - ❑ Fill out with your group the Project Planning Sheets pages 1–4 you keep pages 5 and 6 due by 2/3. Turn one copy into advisor, one copy into me, and keep a copy.
 - ❑ Go through CAS Stages with your group
 - ❑ Wait for approval for CAS Project
 - ❑ Enter project and stages into ManageBAC by 2/23
- 

FAQ

❓ *How long does a project take?*

- A minimum of one month is recommended for a CAS project, from planning to completion. Longer CAS projects can provide even greater scope and opportunities for all participants and are encouraged.

❓ *Where do I do my project?*

- Your CAS project should have global significance but be done locally in your community.

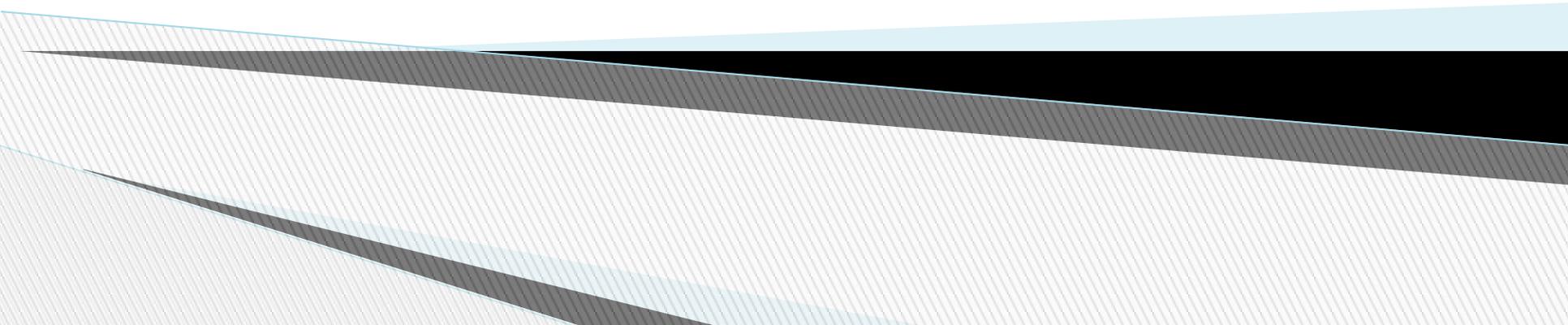
More FAQ

- ❓ *Can I continue a graduate's CAS project?*
 - Yes! You still need to follow the CAS Stages to determine the meaningfulness of continuing and to reflect on how you might improve that project.
- ❓ *Does everybody in our cohort have to be involved in each project?*
 - A CAS project can be done with students beyond IB but the IB students need to follow the requirements, **including significant involvement in the planning.**
- ❓ *Can I do more than one project?*
 - Yes! You can have more than one over the duration of your program. You're encouraged to do at least one in the junior year.

Where should you be now????

- ❖ Minimum of 3 experiences are either completed or ongoing
- ❖ Minimum of 2 Journal Entries complete in ManageBAC
- ❖ Minimum of 8 pieces of reflective evidence entered in ManageBAC
- ❖ Journal entries and Evidence should support your learning Outcomes
- ❖ You are required to have a proposal, at least on piece of reflective evidence, 1 journal entry, and a post reflection for each experience.
- ❖ Please if your advisor sends you a note then you should fix your ManageBAC immediately!!!

Questions???



Kahoot

<https://play.kahoot.it/#/?quizId=6bf4e4ee-dc4f-45fb-8d5e-f37e392c25fa>